



WORKPLACE MENTAL HEALTH SUPPORT

Workplace Mental Health & Psychological Safety Consultants

Transform Workplace Culture and Productivity with Mental Health Support

Small steps toward mental health and safety today can yield lasting impacts on your team’s well-being and your business’s success.

Supporting BC’s Tourism and Hospitality Industry Since 2021

Since 2021, go2HR has partnered with the Canadian Mental Health Association BC Division, funded by BC’s Ministry of Mental Health and Addictions, to deliver [free, practical support](#) in workplace psychological health and safety. Our services are specifically designed to help tourism and hospitality employers foster resilient teams, reduce burnout, and improve overall workplace culture.

What We Offer:

KEY FOCUS AREAS	STRATEGIES
Expert Guidance & Resources:	Our consultants, focused exclusively on workplace mental health and safety, are here to answer questions and provide actionable advice—at no cost to you.
Build a Culture of Care	Receive support in establishing a workplace culture that prioritizes psychological health and safety.
Seamless Integration	Get help embedding mental health best practices into existing health and safety programs.
On-Site Training & Events	Host impactful wellness events like Employee Wellness Fairs, or bring tailored mental health and safety training directly to your team.
Assess and Elevate Mental Health	Use our Workplace PH&S Pulse Check to gauge your team’s well-being and access strategic insights to meet their mental health needs.

Take the First Step Today!

[Contact our Workplace Mental Health & Psychological Safety Consultants](#) for a free consultation and start fostering a safer, more supportive workplace that empowers your team to thrive.