

Getting Started:

1) Watch the WorkSafeBC PH&S Framework Webinar

WorkSafeBC's PH&S Framework helps BC employers improve workplace culture and create a supportive environment for employees.

[Watch the Webinar](#)

2) Train Your Team

In tourism and hospitality, everyone from frontline staff to leaders plays a crucial role in fostering a positive, healthy workplace culture. Begin Mental Health Training for your team today!

[Learn More](#)

3) Connect with a PH&S Consultant

Have questions or need more information? Mental Health and Psychological Safety Consultants can help!

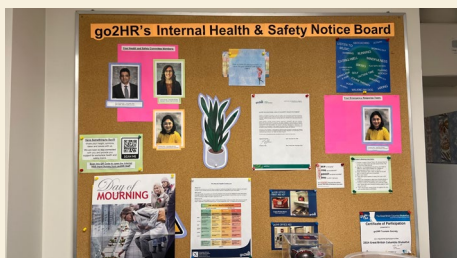
[Reach Out](#)

Next Steps in PH&S Integration:

Once leaders and workers understand the aspects of a psychologically healthy workplace, continually improve resource and information sharing. Start with simple ideas like pre-shift huddle reminders or integrating PH&S into health & safety audits.



H&S Audit Integration (ie. JHSC)



H&S Board Resource/Tips



Leadership Meetings



Team Meeting Safety Talks



Tailgate/Pre-Shift Huddles

Want more ideas on what
this could look like?



Connect with
us today!



Canadian Mental
Health Association
British Columbia
Mental health for all



BRITISH
COLUMBIA
Supported by the Province of British Columbia

In partnership with



PeopleWorkingWellBC.ca